The Care And Keeping Of You 2 Journal (American Girl)
Synopsis

This new journal is especially made for girls 10 and older, and is the companion title to our newest body book, The Care & Keeping of You 2! Within this journal you'll have the perfect place to write down your thoughts about the changes happening to your body, mind, and emotions. So even on the days when you feel out of control, the quizzes, questions, checklists, and drawing assignments will help get you back on the path to feeling your best.

Book Information

Lexile Measure: 1000 (What's this?)
Series: American Girl
Spiral-bound: 96 pages
Publisher: American Girl; Spi edition (September 3, 2013)
Language: English
ISBN-10: 1609581083
Product Dimensions: 5.5 x 0.3 x 7.8 inches
Shipping Weight: 5.6 ounces (View shipping rates and policies)
Average Customer Review: 4.8 out of 5 stars See all reviews (51 customer reviews)
Best Sellers Rank: #18,987 in Books (See Top 100 in Books) #10 in Books > Children's Books > Growing Up & Facts of Life > Health > Maturing
Age Range: 10 - 14 years
Grade Level: 5 - 9

Customer Reviews

My 11 year old enjoys these books and they really help her to understand a little better about the change she is going through and that it is normal. It helps her not be so anxious and it helps me too because sometimes I just can’t find the right words to say. I feel like a very loving and caring mother when I give these kind of books to my daughter.

Got this for a young girl I know along with the book and she loves the journal so much. I feel really strongly about girls knowing about things that might be going on with them inside and their bodies, that they may be unaware. Please let them realize that their bodies are not to be ashamed off - we come in all shapes and sizes and colors and abilities. Like Mr. Rogers says - I wish to tell all young girls: I like you just the way you are (which is so important for girls at this age). I talked to her mom
about it and let her look at it to "approve" and mom and daughter will be reading book together. American Girls has a lot of fun books and such. Check them out. Not a bad investment even for adults ;)

I gave this journal to our 11yr old grand daughter. She loves it. My daughter is right when she says that the American girl publications are the way to go. I have given her and her cousins several books and word is that grandma is very hip!

My granddaughters are loving the information that they are receiving from reading these books. I get to answer some questions that I never thought I would have to answer again. Their pediatrician recommended these books after purchasing them for her daughters.

I purchased the journal as well as The Feelings Book and Care and Keeping 2 for my 10 1/2 yr old daughter. She has thoroughly enjoyed them and I highly recommend. It has opened up a great dialogue between us.

So far, the 11 1/2 year old has been content with the C&KoY Book 1, but has been expressing interest in knowing more. Book 2 is a great place to continue the conversation, and the journal is a perfect companion!

I love this book! I bought it for my daughter who is very into journaling and it was been a great companion to her "The Care and Keeping of You 2" book. It seems to be more fun than just keeping a regular journal because it gives little prompts to get her writing and she loves the illustrations and graphics. Very age appropriate and fun.

This book helps my daughter journal her journey with her changing body. She loves the book. We talk about what she’s going through and this book helps us out!! Great book for a young lady. Would recommend.

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Alice in Wonderland Chalkboard Journal - We're All Mad Here: 100 page 6" x 9" Ruled Notebook: Inspirational Journal, Blank Notebook, Lined Notebook, ... Journals - Yellow Collection) (Volume 3)

Chalkboard Journal - Be Still & Know: 100 page 6" x 9" Ruled Notebook: Inspirational Journal, Blank Notebook, Lined Notebook, Blank Diary (Chalkboard Notebook Journals) (Volume 3)

Cats: Cat Care: Kitten Care: How To Take Care Of And Train Your Cat Or Kitten (Complete Guide To Cat Care & Kitten Care With Pro Training Grooming & Nutrition Tips)

Beekeeping: An Introduction to Building and Maintaining Honey Bee Colonies (2nd Edition) (beehive, bee keeping, keeping bees, raw honey, honey bee, apiculture, beekeeper)

Orchids Care Bundle 3 in 1, THE NEW EDITION: Orchids + Orchids Care For Hobbyists + Phalaenopsis Orchids Care (Orchids Care, House Plants Care, Gardening Techniques Book 4)

Goldfish Care: The Complete Guide to Caring for and Keeping Goldfish as Pet Fish (Best Fish Care Practices)

Rat Care: The Complete Guide to Caring for and Keeping Rats as Pets (Best Pet Care Practices)

Eat Meat And Stop Jogging: ‘Common’ Advice On How To Get Fit Is Keeping You Fat And Making You Sick

Beekeeping: Oh! The book you wish you had(Beekeeping Basics,Beekeeping Guide,The essential guide,Backyard Beekeeper,Building Beehives,Keeping Bees,Honey Bees)


Coloring Journal (black): Therapeutic journal for writing, journaling, and note-taking with coloring designs for inner peace, calm, and focus (100 ... and stress-relief while writing.) (Volume 11)