How Are You Peeling? (Scholastic Bookshelf)
Synopsis
Let Scholastic Bookshelf be your guide through the whole range of your child's experiences-laugh with them, learn with them, read with them! Eight classic, best-selling titles are available now! Category: Feelings


"This is a book that asks all the right questions. And leaves you feeling great no matter what the answers are!"

"Who'd have dreamed that produce could be so expressive, so charming, so lively and so funny?...Freymann and...Elffers have created sweet and feisty little beings with feelings, passions, fears and an emotional range that is, well, organic."

-The New York Times Book Review

Book Information

Series: Scholastic Bookshelf
Paperback: 48 pages
Publisher: Scholastic Paperbacks (June 1, 2004)
Language: English
ISBN-10: 0439598419
Product Dimensions: 0.2 x 8 x 10.2 inches
Shipping Weight: 7.8 ounces (View shipping rates and policies)
Average Customer Review: 4.7 out of 5 stars  (92 customer reviews)
Best Sellers Rank: #27,376 in Books (See Top 100 in Books)  #51 in Books > Children's Books > Humor > General  #353 in Books > Children's Books > Growing Up & Facts of Life > Friendship, Social Skills & School Life > Emotions & Feelings  #7810 in Books > Reference
Age Range: 4 - 8 years
Grade Level: Preschool - 3

Customer Reviews

As the parent of an emotionally disturbed foster daughter, I know first hand how necessary it is for young children to understand their emotions, whether positive or negative, and find appropriate outlets to express those emotions. This beautiful book is a wonderful way to expose young children to the concept of emotions, and to help a youngster know there is a difference between "sad" and "tired" and "lonely". While the book does not always explain what those emotions mean, it presents the emotions with appropriate expressions that children themselves have held on their own faces. Tracing the down-turned "lips" of a vegetable, my daughter will say, "she's sad like I am sometimes". Then we talk about ways to express sadness/anger/frustration or whatever emotion the
vegetable/fruit appears to be exhibiting. In this way, I think the book is a useful therapeutic tool for troubled children. It's great for "normal" kids, too. The book is fun, and full of life with bright, vibrant colors that make you want to smile. In addition, there is produce in here that most kids have never heard of, let alone seen. I believe that a picky child will be more willing to try a "new" food that she has at least heard of before and seen a picture of, than if she had never heard of them. That has to be a healthy thing! And lastly, this book isn't just for kids. I think it's a beautiful art book for people of all ages. I enjoy looking at the photos and trying to imagine how the item grew in just that way. Freyman is clever and artistic, and this book is as good as the previous ones.

From the moment I opened this book I was in love. It is amazing how the artists transform ordinary fruits and vegetables into loveable and wildly different characters. The text is simple for a child to understand, and wonderfully written. If you're looking for a way to talk with your children about emotions, look no further. I read this book to my daughters preschool class and we loved it! I never thought a book could make me want to give an affectionate hug to a green pepper, but this one does! Buy it for every child you know. Heck, buy it for every adult you know too!

This is a really neat book, especially for early readers, or for pre-readers. Babies and kids love the range of expression here out of a handful of vegetables is incredible. It's like seeing Jim Henson's Muppets for the first time. I'm going to have to buy one of these for myself--since I first checked it out of the Library last year, it has really become popular and now I have a hard time finding it! This is a simple idea beautifully rendered.

My friend and I picked up this book in our local bookstore and could not stop laughing for an hour straight. The photography of these fruits and vegetables is so innovative and bizarre. At the turn of each colorful page, one finds an even more hilarious set of fruit faces. The two of us, both teenagers, sat in the children's section and made up a false story to go with the bone-tickling pictures for quite some time. I would give this book to anyone and everyone if I had enough money!

This is the best -- and funniest -- picture book this year. It is utterly delightful. Only problem is... I'll never be able to cut into a lemon or an onion again without seeing these funny faces! I'm giving this book to everyone on my Christmas list this year, adults and kids alike.

I like this book, however I don't love it. The first thing I noticed is that the book is rather low quality.
When I buy my children books, I buy hardcover because I want them to last. The pages in this book are like a magazine - very thin. The pictures in the book are very creative and I like them, but the accompanying words don't have a lot of content. I got this book in hopes to begin conversation about feelings, but this book doesn't really help with that.

great book for foster children and developmentally delayed. had a foster child that could not express himself, but when I showed him this book and tried to find the photo that expresses what he feels, he was relieved and began going through this book on his own.

This book is adorable!!! My second graders love this book. It is very original. We loved the different emotions displayed throughout the book with the variety of fruits. We used this book to talk about emotions on the first day of school. It was a great ice breaker and the kids were laughing and smiling throughout it. Highly recommend to both teachers and parents!

Download to continue reading...